



# NWSS Weekly Bulletin

NEW WESTMINSTER SECONDARY SCHOOL

WEEKLY BULLETIN FOR FEB 14, 22 – Feb 18, 22

## Upcoming Dates and Events

Date and Time	Location	Event
Tues, Feb 15	NWSS	Collaboration Day Students attend Blocks A & B in the morning and dismissed at 11:27am
Thurs, Feb. 17	NWSS	Lockdown Drill (B Block)
Week of Feb. 21st	NWSS	YDI Survey
Mon, Feb. 21	NWSS	Family Day
Tues, Feb. 22	NWSS	Pro-D Day
Wed, Feb 23	NWSS	Pink Shirt Day
Fri, Feb 25	NWSS	Earthquake & Fire Drills (Block C)

**TRADES TRAINING** can be part of grade 11 or 12 course selection! Are you aware our district offers **Plumbing, Carpentry, and Professional Cook 1**, ITA certified level 1 training onsite at NWSS? Your student can earn college credit, high school credit, and level 1 certification in one of those three trades while still in high school along side academic courses! Our **TRAIN** students have the opportunity to enter the workforce immediately(100% placement!) and start a rewarding, well paying career in the trades. Others choose to go onto university while working part-time in their trade and still others go on to open their own businesses! Including a **TRAIN in TRADES** program in your high school plan creates amazing opportunities for your student! For more information please see the online presentation and application at the link below and email the District Career Coordinator who will work with your student to create an individualized plan for success:

<https://newwestschools.ca/programs-services/programs-of-choice/apprenticeships-3/>

## **Course Planning**

Course Planning for students will begin on Feb 9 (Gr 11), Feb 16 (Gr 10) and Feb 23 (Gr 9) done in class, virtually with counsellors.

<https://nwss.ca/2022-2023-course-planning/> Course Handbook for current Grade 8 - 11 students

Video recording of the February 9<sup>th</sup> Grade 11 Course Planning presentation can be located at: <https://nwss.ca/2022-2023-course-planning/>

## **Safe Schools virtual training for staff and students:**

February 17 <https://event-wizard.com/FundamentalsofDTAFeb172022/0/register/>

Social Media Student Sessions (Grades 8-12)

## **Celebrating Black History in Canada Through Tessellation And Portraiture**

**Where:** Gallery 2 (Anvil Centre)

**When:** February 2 – June 19 2022

Moved by a push for greater social justice, NWSS Art students researched prominent figures from Black History in Canada and shared their contributions in black and white tessellation patterns and portraits. Equal parts 'black' and 'white' in these works challenges a Eurocentric lens that is too often applied when discussing history by featuring People of Colour (POC) and Black Canadians in an equally starring role. Each student provides a thoughtful artist statement with their portrait.

## **NWSS Dry Grad Bottle Drive**

Saturday Feb 26th (9-5)

Grads will be at two locations to receive your recyclable deposit beverage containers

- NWSS parking lot in front of the main doors
- return it depot Queensborough

All proceeds go towards the class of 2022 dry grad celebration. Support a great cause and clear out your garage! List of accepted containers can be found at: <https://www.return-it.ca/beverage/products/>

Also looking for volunteers to help distribute flyers, please contact [emily@joeprogrammer.net](mailto:emily@joeprogrammer.net)



During the months of January to April, School District 40 is participating in the 2022 Ministry of Education Electronic Anonymous Student Learning Survey in cooperation with all other school districts throughout BC.

### *Who completes the Survey?*

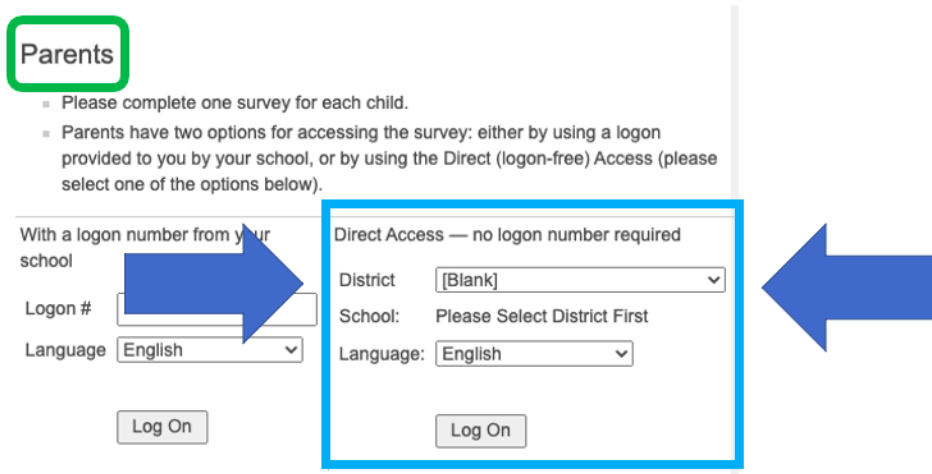
- Students in grades 4, 7, 10 and 12
- Parents/Guardians/Caregivers of grade 4, 7, 10 and 12
- All staff associated with a school

### *What is the information used for?*

- Schools, districts, government ministries, and other external organizations such as the Representative for Children and Youth use the survey data for planning, research, and advocacy work for youth.
- Feedback from participants provides valuable insight for addressing current needs and trends.
- NWSS looks at the information to plan school learning goals and programming

### *To complete the survey:*

1. Go to any computer that has an up-to-date internet browser access.
2. Go to [www.bced.gov.bc.ca/sat\\_survey/access.htm](http://www.bced.gov.bc.ca/sat_survey/access.htm)
3. Under the section *Direct Access – no logon number required* select:
  - District: the name of your child’s district (New Westminster)
  - School: the name of your child’s school (New Westminster Secondary)
  - Language: the language of your choice



1. Complete the survey by clicking on the appropriate circle to answer each question. Move to the next set of questions by clicking on the right arrow in the bottom right corner of the screen. Click on the left arrow to navigate backwards.
2. When you are finished the survey, you will get a message “Thank you for sharing your views”.
3. Once complete, your school will have the results immediately.

## Daily Health Check and What to Do When Sick

### Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

**If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.**

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

### What to Do When Sick

**If you have mild symptoms of COVID-19**, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. **Most people don't need testing for COVID-19.**

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

**If you do not have symptoms of COVID-19**, you do not need a test.

**If you are unsure about your symptoms**, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

January 2022

## What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

## If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

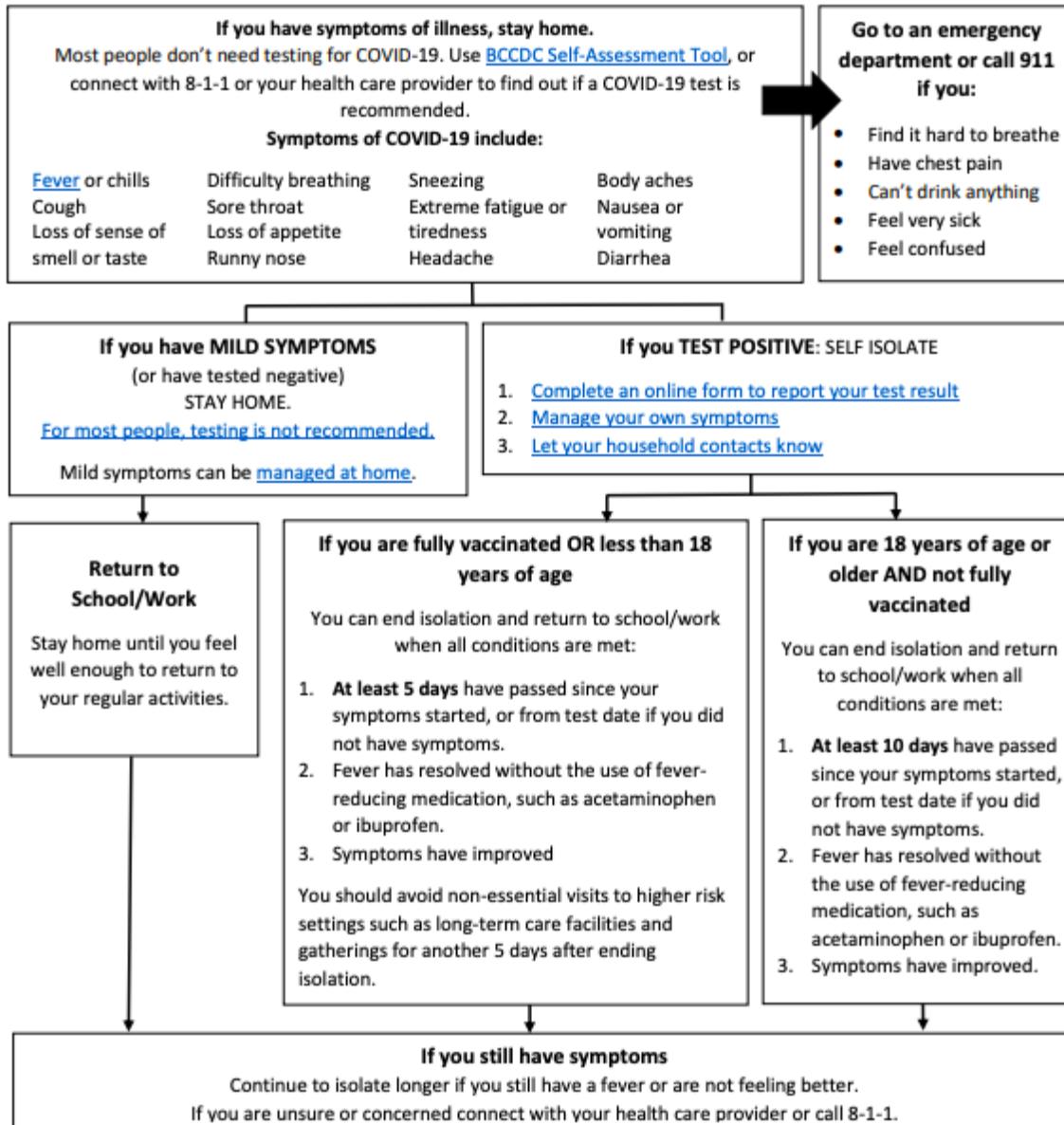
Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

**If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.**

This information is adapted from the BC Centre for Disease Control. For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

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## Summary: What to Do When Sick



### What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at:

[Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)



# NW SPORTS ACADEMY

FOR YOUTH GRADE 8-12



*Develop your skills, improve your fitness & learn new sports*

3-5:30PM  
**TUESDAYS & THURSDAYS**  
NEW WESTMINSTER SECONDARY SCHOOL  
(WELCOME CENTRE)



Soccer, Basketball,  
Volleyball and  
more



Open to youth  
ages 13-18



**COACH: CHRIS KYD**

*For details & how to register:*

**Call or e-mail Chris:**  
**(778) 302-7549**  
**chriskyd@hotmail.com**



MOSAIC SWIS TEAM IS STARTING A NEW PROGRAM:

# EMPLOYMENT PREPARATION FOR YOUTH PROGRAM



**WANT A JOB?**

**NOT SURE WHERE TO START?  
WE CAN HELP YOU!**

Preparation for employment: resume building, interview preparation and connection with volunteer and job opportunities.

**Eligibility criteria: Resident Youth of New West  
Grades: 9-12**

**Date: Mondays OR Wednesdays**

**Time: 3 - 5 pm**

**Location: New Westminster Secondary School at  
Welcome Centre**

**Registration is required.**

CONTACT OUR TEAM TO REGISTER:

Bruna Costa - 604-561-8390

[bcosta@mosaicbc.org](mailto:bcosta@mosaicbc.org)

