

# GETTING STARTED

## CLBC WELCOME WORKSHOPS



### MOVING FORWARD INTO ADULthood NEW WESTMINSTER SECONDARY SCHOOL

\*\*\* **RM 133B** \*\*\*  
**12:30 PM**

In these four welcome sessions we introduce Community Living BC and show how community and different service and supports fit together in the big picture of adulthood.

Welcome workshop sessions include:

1. Getting Started [January 22]
2. Community Connections [January 29th]
3. Planning Options [February 5th]
4. The Real Deal [February 12<sup>th</sup> ]

These workshops are led by a CLBC staff person, an individual served by CLBC and a family member, and give you detailed information about ways to build a good adult life.

Meet other families and individuals and find out about resources in your local community. You will also find out what steps are needed if you are interested in receiving services funded by CLBC. Come Enjoy a relaxed atmosphere, clear answers, food and beverages, and fun, hands-on activities with take-home information.

**Questions and RSVP to**  
**[bryan.oulton@gov.bc.ca](mailto:bryan.oulton@gov.bc.ca) 604-660-8124**



## WELCOME WORKSHOPS

1 2 3 4

### GETTING STARTED

An introduction to Community Living BC (CLBC) and what steps are needed to move into adult life. We want to give you an idea of how all the pieces fit together, including the CLBC piece. We'll cover some of the differences between child/youth and adult services and supports and present information, resources, and choices about what's next.

### COMMUNITY CONNECTIONS

This is where we start to collect and share information about our local community with each other. Just like we capture the strengths of ourselves or our family members, we want to capture the strengths and other great things about our community. Bring what you know and let's learn from each other!

### PLANNING CHOICES

As an individual and/or family you have choices about how to plan for the future and who to plan with. This workshop is about the many different ways you can plan and the planning help that is there for you. This workshop also explains the information CLBC will ask about you if you decide to request services.

### CLBC: THE "REAL DEAL"

If you decide to apply for CLBC-funded services, this workshop is for you. It explains how CLBC works and how CLBC makes decisions about who gets services and when. It will also explain the different kinds of services CLBC funds.