

BEING PRESENT IN THE FACE OF THE FENTANYL CRISIS:

A Community Discussion on Prevention

When: Monday, May 1, 2017

7-9pm

**Location: Fraser River Middle School
800 Queens Avenue
New Westminster, B.C.**

The fentanyl crisis is in the forefront in the media and many parents are asking themselves what they can do to protect their children. One of the best things that parents can do is to be *present* with their children as they grow up.

Constable Tim Callaghan from the *New Westminster Police Department* will lead this session that features practical ways in which you may foster resilience in your children and nurture the protective factors that will help prevent drug use.

New Westminster's *Medical Health Officer*, Dr. Lisa Mu, will provide an update on the status of the current fentanyl situation as a means to contextualize the problem in our community. The session will also feature a youth who will share her experiences with drug addiction and her journey to recovery.

Mark Goheen, a Clinical Specialist with the *Mental Health and Substance Use Services* at Fraser Health will talk about protective factors of resilience that parents may nurture in their children and teens as they grow up that will prevent them from abusing drugs.

Local service providers will also be on hand to share what they offer in the area of mental health and substance use.

About the Presenters:

Dr. Lisa Mu is a public health physician and a family doctor. She is the Medical Health Officer for the Cities of Burnaby and New Westminster, and the lead *Medical Health Officer* on Environmental Health and Healthy Built Environments for the Fraser Health Authority. Dr. Mu has extensive experience with multi-disciplinary projects in the areas of community health and determinants of health.

She holds an undergraduate degree in Arts & Science and Environmental Science from McMaster University, a medical degree from the University of Western Ontario and a Masters in Health Sciences and specialty in Public Health from the University of British Columbia. She has also completed a fellowship in Healthy Built Environments with the University of New South Wales.

Mark Goheen (M.A., RCC) is a *Clinical Specialist* with Fraser Health Mental Health & Substance Use Services. He has served for over 28 years in the substance use field and is involved in the development of best practices in the face of overdose related challenges.

